

# Challenge Robert Bam: Session: 2: COACH evaluation sheet for TEAM: KVZP

Coachinfo: Warming up from: 13:30 until 14:25. Teamleadmeeting @ 13:45      The listed starttimes are indicative!

Coaches: De Backer Nele    HEADCOACH

PB => Personal Best time                      SB => Seasons Best time: Season starting point: first of September.

| Event number: 11: 100M BACKSTROKE MIXED 10-9   |           |           |           |           | Heat:1, starttime:                    |
|------------------------------------------------|-----------|-----------|-----------|-----------|---------------------------------------|
| Heat: 1/5    Lane : 1    Athlete: RUDIK ADRIAN |           |           |           |           | Q-time: 99:99:99                      |
| PB (25m pool): no time                         |           |           |           |           | PB (50m pool): no time    SB: no time |
|                                                | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                       |
| PB                                             |           | no time   |           | no time   |                                       |
|                                                | no time   |           |           |           |                                       |
|                                                | . . . . . | . . . . . | . . . . . | . . . . . |                                       |

Coach feedback:

| Event number: 11: 100M BACKSTROKE MIXED 10-9      |           |           |           |           | Heat:1, starttime:                    |
|---------------------------------------------------|-----------|-----------|-----------|-----------|---------------------------------------|
| Heat: 1/5    Lane : 4    Athlete: VAN DOREN YINTE |           |           |           |           | Q-time: 99:99:99                      |
| PB (25m pool): no time                            |           |           |           |           | PB (50m pool): no time    SB: no time |
|                                                   | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                       |
| PB                                                |           | no time   |           | no time   |                                       |
|                                                   | no time   |           |           |           |                                       |
|                                                   | . . . . . | . . . . . | . . . . . | . . . . . |                                       |

Coach feedback:

| Event number: 11: 100M BACKSTROKE MIXED 10-9  |           |           |           |           | Heat:1, starttime:                    |
|-----------------------------------------------|-----------|-----------|-----------|-----------|---------------------------------------|
| Heat: 1/5    Lane : 5    Athlete: EGÉE SAMUEL |           |           |           |           | Q-time: 99:99:99                      |
| PB (25m pool): no time                        |           |           |           |           | PB (50m pool): no time    SB: no time |
|                                               | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                       |
| PB                                            |           | no time   |           | no time   |                                       |
|                                               | no time   |           |           |           |                                       |
|                                               | . . . . . | . . . . . | . . . . . | . . . . . |                                       |

Coach feedback:

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| Event number: 12: 100M MEDLEY MIXED 10-9 |           |           |           |           | Heat:1, starttime:                 |
|------------------------------------------|-----------|-----------|-----------|-----------|------------------------------------|
| Heat: 1/5 Lane : 2 Athlete: RUDIK ADRIAN |           |           |           |           | Q-time: 99:99:99                   |
| PB (25m pool): no time                   |           |           |           |           | PB (50m pool): no time SB: no time |
|                                          | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                    |
| PB                                       |           | no time   |           | no time   |                                    |
|                                          | no time   |           |           |           |                                    |
|                                          | . . . . . | . . . . . | . . . . . | . . . . . |                                    |

Coach feedback:

| Event number: 12: 100M MEDLEY MIXED 10-9 |           |           |           |           | Heat:2, starttime:                 |
|------------------------------------------|-----------|-----------|-----------|-----------|------------------------------------|
| Heat: 2/5 Lane : 1 Athlete: EGÉE SAMUEL  |           |           |           |           | Q-time: 99:99:99                   |
| PB (25m pool): no time                   |           |           |           |           | PB (50m pool): no time SB: no time |
|                                          | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M   |                                    |
| PB                                       |           | no time   |           | no time   |                                    |
|                                          | no time   |           |           |           |                                    |
|                                          | . . . . . | . . . . . | . . . . . | . . . . . |                                    |

Coach feedback: